

Free Personal Counselling

Nambour Community Centre is pleased to be able to provide face to face counselling sessions with a professionally qualified and experienced counsellor. This service will provide general counselling which can include areas such as grief and loss, life changes, etc. This service is unable to provide counselling in specialist areas such as working with children.



Seeing a counsellor gives you the chance to talk about challenges with someone who can provide a caring and safe environment in which to explore your options. Seeking help from a counsellor is not a sign of weakness or an admission of failure. It's actually the opposite. It's a sign that you have the strength and good sense to get support.

Thursday each fortnight from 11am to 3pm
Nambour Community Centre
Cnr James & Shearer, Nambour

call 5441 4724 to make an appointment

